



# Annual Review 2022



**CHILD  
RESCUE  
NEPAL**



2

*We provide taps for rural schools which are proven to increase attendance by 30%*



# A message from our CEO

**This year, we were pleased to see our projects get back on track after the challenges of the COVID-19 pandemic. We restarted our rescue programme, freeing 15 boys and 4 girls from a variety of dangerous settings including metalwork factories and hotel kitchens.**

However, Nepal is now facing a serious economic crisis, which threatens to put many already poverty-stricken families into even more difficulty. Inflation of over 8.5% is putting the basic necessities of life out of reach for many families, and this could lead to children being taken out of school. After the long COVID-19 lockdowns, thousands of vulnerable children have missed large parts of their education, with the risk that some will never go back.

Our interventions in schools that focus on increasing attendance are now more important than ever. We know that fresh water and taps at

a school increases attendance by 30% or more, so that has been a particular focus. In addition, lack of a private toilet means that girls who are menstruating miss several days of school each month. Separate boys' and girls' toilets can make a huge difference to the amount of time girls spend in school.

In the UK, we continued to connect with our supporters online, but uncertainty around COVID-19 meant we didn't hold in-person events. However, we did benefit from several fundraising activities, including two runners and a virtual team in the London Marathon in October 2021 (£6,000), the Big Give in December 2021 (£30,000), a 24-hour bake-a-thon in March 2022 (£7,000) and two emergency appeals for toilets/taps and a new classroom in summer 2022 (£29,000).

I am hugely grateful to all the generous individuals who continue to support us financially through these challenging times. I am also thankful to the generous support that we receive from various trusts and foundations, and to companies like Namaste-UK and Andrews Estate Agents. I would also like to thank our wonderful

team of Trustees who work very hard to ensure every penny raised has the maximum impact in Nepal.

Finally, I would like to pay tribute to the people who make this charity what it is – the skilled, tenacious and hardworking staff in Nepal. None of this work would happen without them and I am in constant awe of what they are able to achieve.



**Joanna Bega** Chief Executive *(Right)*

A photograph of three young girls in a classroom. They are wearing light blue school uniforms. The girl in the center is laughing heartily with her mouth wide open. The girl on the left is smiling gently, and the girl on the right is also smiling. They are sitting at a wooden desk. In the background, there are shelves filled with colorful educational posters and books. The text 'Who we are...' is overlaid at the top left in white and red.

# Who we are...

**Child Rescue Nepal is a UK registered charity that works to end child slavery in Nepal. We believe that every child has the right to a safe and happy childhood, free from exploitation and abuse.**



There are over 40 million slaves in the world today, and a quarter of them are children. In Nepal, it is estimated that there are over 100,000 child slaves. These children are often forced to work in dangerous and exploitative conditions, and they are vulnerable to physical, emotional, and sexual abuse.

Child Rescue Nepal works to rescue children from slavery, provide them with care and support, and reunite them with their families. We also work to prevent trafficking by raising awareness and strengthening schools.

We have rescued nearly 950 children but our work is far from over. We want to end child slavery in Nepal, and we won't stop until every child is free.

**We tackle the issue of child slavery in two ways:-**

### **Rescues:**

- Rescue missions
- Rehabilitation
- Reuniting families

### **Prevention:**

- Taps and toilets
- Bursaries
- Child-centred Teacher Training
- Anti-trafficking workshops
- Anti-trafficking jingles

# Why Nepal?

- Nepal is the 5th poorest country in Asia
- For every 1,000 babies born in Nepal in 2020, 28 died before their 5th birthday (compared to 3.6 in the UK)
- 80.3% live in rural areas and 62% of employment is informal without security, benefits or holiday
- 1.1 million children are engaged in child labour with over 200,000 of these engaged in hazardous work
- 60% of children involved in this hazardous work are girls
- During Covid, schools were closed for a total of 70 weeks





# What we achieved **2021/22**

- 15 boys rescued from kilns, restaurants, candy floss and metal work factories
- Four girls were rescued and taken to the safety of Marigold House
- 14 children reunited with their families and 11 reunited children receiving ongoing support
- 11 children living at one of our small family homes
- 57 young people benefitting from the youth transition programme
- 1,433 educational bursaries provided to at-risk children to encourage them to attend and remain in school
- 1,047 students benefitting from six newly built child-friendly toilets
- 1,134 students benefitting from nine newly build child-friendly water taps
- 239 children benefitting from new libraries and more engaging classrooms
- 1575 students attended anti-trafficking awareness-raising activities
- 2,096 children received hygiene kits and training to understand the importance of personal hygiene
- 105 teachers trained in child-friendly methods



# The story of **Kala School**

**Kala School in rural Nepal was badly damaged in the 2015 earthquake. Its remote location meant it was forgotten during the rounds of reconstruction by government and charities. Lessons had to be conducted outside, and many children stopped attending. The teachers were committed, but they couldn't offer the levels of education they wanted.**

In 2022, Child Rescue Nepal launched a fundraising appeal to build two robust and earthquake-proof classrooms for Kala School. The appeal was so successful that we smashed our target, meaning that we could provide brand new taps and toilets as well.

Our CEO, Jo Bega, was there in person to mark out the initial foundations and share with the school a message from our donors in the UK. She let them know that although they might have felt forgotten, Child Rescue Nepal supporters knew about them and cared for

them. Supporters wanted to gift them new infrastructure so that children in the community could be educated properly both now and in years to come.

The new classrooms and facilities are a huge improvement on the old ones. They are safe, comfortable, and well-equipped. The children are now able to learn in a proper environment, and the teachers can provide the best possible education.

The project has also had a positive impact on the local community. The construction work created jobs, and the new facilities have attracted more children to the school. The school is now a thriving community hub, and it is a credit to the hard work and dedication of everyone involved.



*Left: Kala School had been forgotten about despite significant damage from the 2015 earthquakes*

*Opposite page:*

*Top: The finished classrooms ready for use*

*Bottom left: Jo Bega conveys greetings and encouragement from our donors to the school principal*

*Bottom right: We exceeded our fundraising target and were able to build new toilets and taps as well*





## Bhuwan's Story

When Bhuwan's\* father remarried, leaving his Mum and two siblings, there was not enough money for food. His mother tried to make ends meet by doing two back-breaking labouring jobs, but it still wasn't enough. With his mum absent so much, Bhuwan (name changed) fell into bad company and dropped out of school.

A relative stepped in, promising Bhuwan a well-paid job in Kathmandu. However, the reality

was very different. Bhuwan found himself working endlessly with little food and no rest. He longed for his family and tried to escape but the restaurant owner caught him and beat him.

In January 2019, Bhuwan was rescued by our team. We always reunite children with their families where possible, and in this case, it was very straightforward. Bhuwan was so happy to be home again. We used some money from our Child Champion Fund to supplement the family's income.

Bhuwan's mother says, "I love having all my children together under one roof again. Due to my financial condition, my children did not get a proper life. I am so very happy and thankful towards the organisation for helping us and giving my children the opportunity to learn again."

We helped Bhuwan enrol in his local school; this time round, he really applied himself to his studies, never missing any lessons. He is now preparing for his final examinations and wants to become a social worker to help others have a better life.

Bhuwan knows, first hand, how difficult life can be.



## Santa's Story

Santa\* is a 10-year-old girl who we rescued from a hotel in Nepal. She was born into a poor family with four siblings. Her father was unemployed and her mother worked as a domestic worker. Santa's sisters also worked as domestic workers.

Santa had studied up to grade three, but she was forced to leave school after she was accused of stealing. She

was never given a chance to defend herself and was simply expelled from school. Her mother was then tricked into handing Santa over to a hotel owner.

At the hotel, Santa worked long hours for little pay. She had to get up at 2am to start her chores, which included washing dishes, cutting vegetables, and cooking snacks for the customers. She was often scolded and beaten by the hotel owner if she made even the smallest mistake.

Santa was supposed to be paid £30 a month, but it never materialised. She was forced to sleep on the floor and often went to bed hungry. She was also exposed to the cold during the winter months.

Santa's story is not unique. There are millions of children around the world who are forced to work in dangerous and exploitative conditions. They are denied their childhood and their basic human rights.

*\* Names changed*





# A message from our Country Director

## Namaste everyone!

The past year has seen some real steps forward for the work of CRN in Nepal. Despite the challenges of the COVID-19 pandemic, we continued our work to save the lives of children in Nepal. We rescued many children from hazardous situations, reunited them with their families, and helped them return to school. We also worked to create a good environment for children, providing them with a healthy start in life and the opportunity to learn and grow.

We are proud of what we have achieved in 2022, and will continue our work to ensure children are educated and protected. We want to provide a range of opportunities to help them achieve their goals, and for their rights and voices to be heard and celebrated.

I would like to thank my hardworking team for their strong and positive commitment that

helped to bring a big smile to the face of our targeted beneficiaries. I would also like to thank the UK team and all the donors across the world who have been continuously thinking of us, enabling us to provide practical support to Nepalese children.

In addition, I am grateful to the national and local governments for continuously providing feedback and support to make our programmes more effective. This kind of relationship helps us to deliver high quality services to children and communities of rural parts of Nepal.

We remain committed to ending the abuse of children in Nepal. For this, I would like to express my gratitude to our implementing partners the Esther Benjamins Memorial Foundation and Shakti Samuha for their hard work and commitment to achieving this goal.

As we always say, "We will not stop until every child is free." Keeping this in mind, we will continue to work hard to save the lives of Nepalese children from hazardous situations and provide them with a beautiful life. For this, we will continue to collaborate with like-minded organisations and government bodies to advocate for the rights of Nepalese children. At the same time, we will focus on quality data management and capturing best practice to succeed in our mission.

Thank you once again to everyone who is always loving, supporting and encouraging us. We look forward to the coming year.



Jamuna Shresthra

# Ways to support us...

**There are many ways to  
get involved and every  
little helps.**

**£18 could provide a  
newly rescued child  
with clean clothes and a  
medical check up**

**£50 could train a teacher  
in child-friendly methods**

**£10 a month could  
broadcast anti-  
trafficking messages to  
rural communities**





## Donations

If you would like to support our work in a practical way, then you can make a donation via our website. It's quick, easy and secure – just head to [www.childrescuenepal.org/support-us](http://www.childrescuenepal.org/support-us)

## Child Champions

Supporting us with a regular gift is a simple way of showing children in Nepal that you care about them and their futures. We call our regular givers Child Champions and when you join up, you'll receive a welcome pack. You will then receive exclusive updates before anyone else on the children you are supporting in Nepal, as well as video updates.

## Remember us in your Will

If you decide to leave a gift in your will to us, you will be supporting us to make life better for forgotten children in Nepal. Every single gift is vital to Child Rescue Nepal and we

appreciate any gift you may choose to leave us after taking care of your family and friends. Whatever the value of your gift, it will go a long way to help someone in Nepal.

## Sponsored Events

Could you run, walk or cycle to support our projects? Maybe you are brilliant at cakes and could hold a bake sale. Whatever your idea, get in touch and we can help you to make it happen.

## Need a speaker?

If you would like someone from Child Rescue Nepal to give a talk at your church, rotary club or social group, just get in touch with us at [info@childrescuenepal.org](mailto:info@childrescuenepal.org)

## Corporate Sponsorship

We would like to form meaningful partnerships with businesses and likeminded organisations that are mutually beneficial. If you would like to find out more, contact our

CEO, Joanna Bega by emailing [info@childrescuenepal.org](mailto:info@childrescuenepal.org).

## Recycle4charity

Recycle your printer cartridges rather than just throwing them away. Go to [www.recycle4charity.co.uk](http://www.recycle4charity.co.uk) and register - selecting Child Rescue Nepal as your charity.

Each ink cartridge could raise over £1 each to help us. Why not get your place of work involved too? You just print a prepaid postage label and send the ink cartridges back for recycling. You're helping the environment as well as helping us.

## Dontsendmeacard

Billions of greeting cards are thrown away each year. Why not save time, help the environment and help us by sending an e-card instead?

[www.dontsendmeacard.com](http://www.dontsendmeacard.com) offer a choice of cards for every occasion and you can donate the cost to Child Rescue Nepal.



# Success story: **Laxmi,** **Usha and Harimaya**

These three young women have been living together at our Hetauda care home for many years – you may have even sponsored one of them! Earlier this year they finished their education and moved to Kathmandu. Usha is now living with her brother, whilst Laxmi and Harimaya are staying at our halfway house for girls.

They all opted for chef training at the wonderful 'Cocina Mitho Chha' training centre, which has excellent results and prospects for all their graduates. Alongside their six-month training, we are supporting them to learn all the life skills they will need to succeed in their adult lives – budgeting, negotiation skills, assertiveness, stress management and decision-making. Soon they will start their work placements and we wish them every success in their new jobs!

Rescuing a child is just the beginning of the story. Once we step in and rescue a child, we take on responsibility for that child – and we take that responsibility very seriously. We then see that child safely through into adulthood, caring for them, educating them, sharing skills with them and training them for employment.

**It is your donations that enable us to deliver this long-term and holistic approach.**





# Youth transition programme

All rescued children are eligible to join our Youth Transition Programme, where they can learn a trade whilst being supported in independent accommodation. We have a halfway house for boys to support them as they take that step towards independence.

*Top left: Sanjeev is now working as a draughtsman*

*Top right: Nima has recently qualified as a motorcycle mechanic*

*Bottom left: Sagar is an accomplished pastry chef*

*Bottom right: Sanjay has just completed his chef training*



# Our child slavery work

## Rescues

We rescue children from slavery. We work with local police to raid factories, restaurants and hotels where children are being held captive. We take children to one of our safe homes, where they receive medical attention and counselling. We provide food, clothing, access to education and a safe home until we can safely reunite them with their families.

## Caring for rescued children

Most children we rescue have been subjected to physical and psychological abuse. They are often malnourished, terrified and have been deprived of basic items like soap and blankets. When they are rescued, we provide counselling and medical care in our safe house. We will then start working to reunite children with their families.

Reuniting children with their families is our ultimate goal, but sometimes it is simply not safe.

Children who cannot return home to their family are supported in one of our family-style homes until they are 16 years old. But then what?

The Youth Transition Programme is for rescued children who have finished their schooling and need support to take the step into adulthood by accessing further education or vocational training.

All rescued children are eligible whether living in one of our homes or back with their families. We encourage independence through individual programmes of support.

## Preventing trafficking

We prevent child trafficking by raising awareness in schools. It is a fact that children who attend school are much less likely to be trafficked. Our work to ensure more children attend school includes teacher training, educational bursaries, providing libraries, clean water and toilet facilities.







# Where are **they** now?

## Bhuwan

Bhuwan was rescued from a metal factory. He is now working as an assistant plumber and earning a good salary to help support his family.



## Nima

Nima was rescued from a metal factory in 2019. We supported him to become a motorcycle mechanic. He is now earning a good salary and recently secured his citizenship.



## Karna

We supported Karna to complete his +2 education. He is now working as an account and DJs for a local radio station in Makwanpur, where he lives.



## Monika

Monika was rescued from prison in 2008. We supported her to become a chef. She recently got married and is expecting her first child.



# Merchandise

We have a range of merchandise to raise awareness of our work.

Orders can be placed via our website  
[www.childrescuenepal.org](http://www.childrescuenepal.org)

*(Prices exclude postage and packing)*



**Hoodies £24**



Top  
**Greetings Cards £7 (8 Cards)**

Middle  
**Christmas Cards £7 (12 Cards)**

Bottom  
**Mugs £7**



# Dinesh's Story

When Dinesh\* was eight, his mother eloped, leaving him and his two younger sisters at the mercy of their dysfunctional, alcoholic father. They lived in very poor conditions and were always hungry because there was no money.

One day, their uncle requested that the children go and live with him in Kathmandu. Their father saw the chance to unburden himself and sent them off. Dinesh's uncle enrolled the children in school, but they did not go regularly. They had to do household chores such as washing utensils and clothes, sweeping floors and chopping vegetables. He was often scolded by his aunt and uncle for minor mistakes.

When he was ten years old, his uncle sold him into another household whilst his sisters stayed behind. This time he had to carry bricks as well as do domestic chores. Dinesh explains: "The house owner was building two new rooms. From 6.30 to 9.30am I had to carry eight bricks at a time to the top floor. Then I went to school. When I came home, I had to finish all the household chores."

Thankfully, Dinesh and his sisters were rescued from their exploitative situations earlier this year. Dinesh was worried about where he was being taken and what would be expected of him. But in the caring environment of our transit home, he was given new clothes, met other boys and received regular assurance. It was not long before he realised that he really was safe, and that he could relax and have a proper night's sleep.

Dinesh says: "I recently went to watch a movie at a cinema hall and there was an escalator. I was very scared to step on it as I hadn't seen one before. My house parent helped me to climb on so I wasn't afraid. It was a really new experience".

Dinesh has been in regular contact with his sisters, and is learning to read and write with his friends. Soon he will be re-enrolled in school, where he will be able to attend regularly. Dinesh says he "cannot wait".

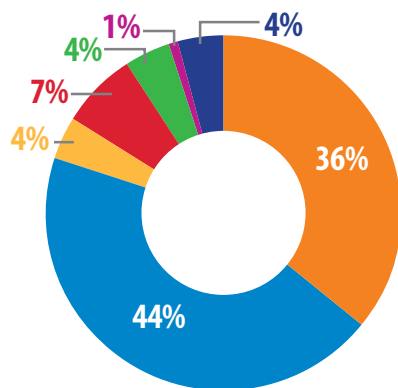
*\* Name changed*



**We won't stop until every child is free**

# Income & expenditure

The following is a summary of our financial information for the year ended 31 July 2022. Total income for the year was £434,517 compared to £486,518 in 2021. Expenditure for the year was £484,802 compared to £439,702 in 2021. Due to a surplus in the previous period, trustees recognised that it had increased its financial reserves in the UK. They decided that this money would be better spent on frontline projects in Nepal resulting in expenditure exceeding income.



## Income:

**Public Donations: £153,961**

**Grants: £192,128**

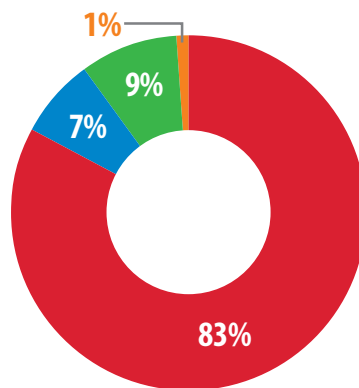
**Events: £18,758**

**Corporate: £31,054**

**Child Sponsorship: £18,296**

**Miscellaneous: £841**

**Legacies: £19,479**



## Expenditure:

**Direct Spending: £400,428**

**Support Costs: £33,672**

**Fundraising: £45,092**

**Governance: £5,610**

## Grateful Thanks

Ama Dablam, The Alchemy Foundation, The Andrews Charitable Trust, The Ashworth Charitable Trust, The Austin Bailey Foundation, Bloomberg Philanthropies, The British and Foreign School Society, Brockham Overseas Aid, The Coles-Medlock Foundation, The Evan Cornish Foundation, The Foxley Charitable Trust, James Gaskell, Global Giving, The Glossop Family Trust, Go Philanthropic Foundation, Guernsey Overseas Aid Commission, Gulf For Good, Hatemalo, Lendable, Joanna Lumley, The Mageni Trust, The Mirianog Trust, Namaste UK, The Paget Charitable Trust, Peter Banwell, Sir Richard Stilgoe, Rotary Club of Billericay Mayflower, Rotary Club of Brentwood a Becket, The Souter Charitable Trust, The Stonewall Park Charitable Trust, The TUUT Charitable Trust, Fred Ullmann and the Hallett Family.



**CHILD  
RESCUE  
NEPAL**

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