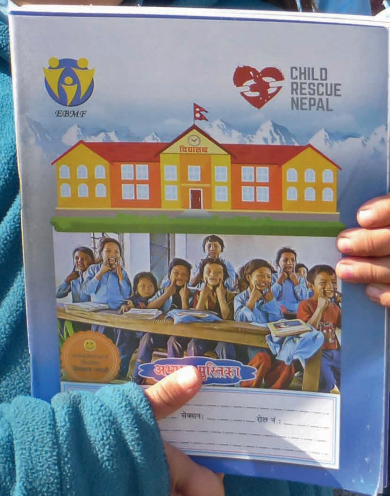


Annual Review 2021



**CHILD
RESCUE
NEPAL**

A message from our CEO

Over the year, our work continued to be overshadowed and frustrated by the Covid-19 pandemic. Travel was limited, schools were closed and trafficked children were hidden out of sight. However, the sheer determination and resilience of our team in Nepal was astounding; not only did they continue to deliver emergency aid to remote communities, they also managed to make significant progress in our core projects.

Rescues were challenging as children were hidden more effectively than ever before - and moved around more frequently. In addition, Covid-19 lockdowns meant government departments and other stakeholders were hard to meet with, thus making the logistics around rescues very difficult to co-ordinate. Despite this, we managed to directly rescue 25 children and bring them to safety (7 girls and 18 boys).

As schools reopened in the rural district of Makwanpur, we were on hand to offer practical support. The government required schools to have masks, sanitiser and thermometers before opening, but sadly were not able to provide the funding for these essential items. Our donors gave generously, and we were able to bridge that gap. We then restarted our safe in school programme to attract children back by funding interventions that are proven to increase attendance, such as teacher training, taps, toilets and libraries.

In August 2020, journalist Thomas Bell delivered a Radio 4 Appeal for us. This was remarkably successful, raising £60,000 for our core rescue work. We are so grateful for the opportunity to reach new supporters and share our work with a wider audience.

The Radio 4 Appeal, coupled with our Covid emergency appeals, helped to make this one of our most successful years for fundraising. I am constantly amazed and humbled by the generosity of our donors who have continued to support us through these uncertain times - as well as a growing number of trusts and

foundations whose belief in our work makes all the difference. We are also very grateful for the ongoing support of Namaste-UK and Andrews Estate Agents.

Thank you to all of our supporters, and thank you to our skilled and hardworking staff in Nepal. Together, we have been able to deliver life-changing support to individual children and whole communities where it has been most needed. Thank you.

Listen to our Radio 4 Appeal:

www.bbc.co.uk/programmes/m000lyyy



Joanna Bega Chief Executive (Left)

Who we are...

Child Rescue Nepal frees children from slavery. Today, there are over 40 million slaves globally, a quarter of which are children. In Nepal, it is estimated that there are over 100,000 child slaves working in hazardous situations.

These children are extremely vulnerable and suffer frequent physical and emotional abuse. Sexual abuse is also common. We rescue children, keep them safe and reunite them with their families.

We also prevent the trafficking of children by raising awareness and strengthening schools. We deliver a comprehensive education programme in the trafficking-prone district of Makwanpur as well as funding anti-trafficking workshops and radio jingles.

Child Rescue Nepal has rescued nearly 900 children, but our work is far from over. We want to end child slavery in Nepal, and we won't stop until every child is free.



We tackle the issue of child slavery in two ways:-

Rescues

- Rescue missions
- Rehabilitation
- Reuniting families
- Youth Transition Programme

Prevention

- Community workshops
- Anti-trafficking jingles
- Teacher training
- Taps and toilets
- Bursaries

Why Nepal?

- Nepal is the 2nd poorest country in Asia
- 80.3% live in rural areas and over a quarter of the population live in poverty on 50 cents or less a day
- Nearly 1,000,000 confirmed coronavirus cases and over 11,000 deaths; however it is believed that the majority of cases and deaths are unreported
- Trafficking increased between 15% and 40% immediately after the earthquake in 2015; we have yet to see official statistics for Covid's effect on child trafficking
- 1.1 million children are used as child labour with over 100,000 of these engaged in hazardous work



What we achieved **2020/21**

- 6 girls rescued from sexual exploitation and taken to the safety of Marigold House
- 8 boys rescued from kilns, restaurants and metal work factories
- 5 children reunited with their families and reunited children receiving ongoing support
- 26 children living at one of our small family homes
- 1,300 educational bursaries provided to at-risk children to encourage them to attend and remain in school
- 11,000 people reached with daily radio jingles highlighting the tricks of traffickers (in three languages)
- 206 students educated on safe social media practices to protect them from the tricks of traffickers
- 1,238 children benefitting from new libraries and more engaging classrooms
- 357 people attended anti-trafficking awareness-raising activities among parent groups in seven communities in the district of Makwanpur
- 1,210 children received hygiene kits and training to understand the importance of personal hygiene
- 82 teachers trained in child friendly methods



Millions of people in Nepal are daily wage earners, so the Covid-19 pandemic and subsequent lockdowns meant many were struggling to feed their families let alone pay for the equipment needed to send their children to school once they re-opened. We provided masks, hand sanitiser and soap to the local schools in the communities we support, so that they could reopen safely.

Mr Dipendra's story

"I am the headteacher at Kalika Secondary School. We teachers were in such a dilemma when the government decided to reopen schools. They said that schools should reopen by following safety measures, but I wondered how that would be possible. How can we manage the risk with such large numbers of children?

I knew that the teachers could just about afford masks and sanitiser for themselves, but what about all the children? It was really such a dreadful situation and I felt huge anxiety about children whose parents were very poor. If they can't even afford to feed their children, how can

they afford masks and sanitiser? So, I decided to share my situation with Child Rescue Nepal, who are close friends of ours since they have already supported our poorest students with bursaries. After a week, CRN came here to our school with large supplies of masks, hand sanitiser and soap. I felt so happy I cried! I felt relieved knowing that our school can reopen again safely and manage the risk of Covid-19. My entire team and I would like to thank CRN for providing us with such amazing support in such a difficult situation and enabling us to bring back children to school again."





Educational bursaries



Seven rescued boys after showers and clean clothes



Young people learning to be chefs



The gift of water

Ishwar's* Story

We rescued 14-year-old Ishwar* from a metalworking factory in January 2021. Home life was very difficult for Ishwar. His father was an alcoholic, and regularly beat up the other members of his family. Ishwar's mother joined forces with some of the other villagers and managed to get Ishwar's father admitted to a drug rehabilitation centre for six months. Ishwar and his mother came to Kathmandu where Ishwar's uncle had a factory that made iron

grills for windows. He promised to enrol Ishwar in school, but that never happened. Instead, Ishwar worked in the factory from 9am to 6pm without any training or safety equipment.

When we found Ishwar he was terrified. He was afraid of the police and didn't want to say anything. Gently we won his trust and he told us his story. We contacted Ishwar's mother, but she said she couldn't cope with having her son, or afford to feed him. We decided that it was best to keep Ishwar with us in the short term and made sure that they

kept in touch. When Ishwar's father came out of rehab, he was a different man. He went back to live with his wife again, and we observed the family situation for three months. Finally, everyone agreed that Ishwar and his family were ready to be reunited, and in the presence of ward representatives, the papers were signed. Ishwar is now living with his father and mother in a room on the outskirts of Kathmandu. His father is working, his mother is a housewife and Ishwar is enrolled at a local school. We are in regular contact and will continue to support

the family as much as is needed. When he completes his education, Ishwar will join our youth training programme.



Sunita's* Story

Sunita was 12 when her stepmother sent her away with £3, telling her to get married and never return home. She met a stranger who tried to take her to his home in Hajipur, India. Fortunately, they were stopped by a policeman, who grew suspicious when the man started changing his story. The man ran away, and Sunita was placed in a state-funded

home for girls in India. Sunita was unable to contact her family for the next four years. She lived with 250 other girls and women of all ages and backgrounds - some of whom were mentally ill. For many reasons it wasn't a safe place. In fact, the home is currently under investigation following reports of staff members abusing women and girls. Sunita told us that there wasn't enough food and that

she had to share a bed with two others. Sometimes she was beaten for no reason.

Sunita was rescued and repatriated by our new partner ChoraChori. Sunita is now staying in a safe home, where she is spending time with an experienced counsellor. Family integration will only take place if all the appropriate safeguarding checks are in place.

**Names changed*



A message from our Country Director

Namaste everyone! This year again we are turning a new page of the calendar with fresh inspiration to deliver positive changes in Nepal. However, this year has also been challenging for all of us due to COVID-19. Lockdowns continued to have a huge impact on our programmes. The situation with the second wave of COVID was very scary and the situation in Nepal was a challenging one. Daily wage earners and their dependents were hit hardest by the lockdowns. Schools were also closed, and we could not deliver our planned projects. Instead we supported the rural communities and distributing food and PPE equipment to them. Once lockdown was eased, we supported schools to reopen and were able to resume our programmes. Even in this difficult time, we had many wins for the rights of vulnerable children. Therefore, I would like to thank my hardworking team for their continuous efforts with a strong and positive

commitment to make the year remarkable and bring big smiles to the faces of children.

Similarly I would like to show my appreciation to the UK team and all the donors across the world who have been continuously providing support and love even during difficult situations. In addition, we would like to express our gratitude to the national and local governments for helping us to make our programmes more visible even in such a difficult time. This kind of commitment, support and love encourage us to provide quality services to children and communities in rural parts of Nepal. We are very much motivated to continue our hard work to end child labour in Nepal. For this, I would like to thank our implementing partners Esther Benjamin's Memorial Foundation, Shakti Samuha and ChoraChori for their commitment to achieving this goal. Our top priority is to keep children safe in

their homes, schools and communities. As we say, "We will not stop until every child is free," and so we will continue our hard work to make a beautiful and sustainable independent life for Nepalese children. For this, we and our team are very much committed and dedicated to deliver quality work. Every year we make a commitment to make our mission stronger than ever. Thank you once again to everyone who supports us. We appreciate you very much.



Jamuna Shresthra

Ways to support us...

There are many ways to get involved and every little helps.

Just £18 could provide a newly rescued child with clean clothes and a medical check up.

£50 could train a teacher in child-friendly methods.

£10 a month could broadcast anti-trafficking messages.

Donations

One off donations

If you would like to support our work in a practical way, then you can make a donation via our website. It's quick, easy and secure to make a donation - just head to www.childrescuenepal.org/support-us/#donate

Regular gifts

Supporting Child Rescue Nepal with a regular gift is a simple way of showing children in Nepal that you care about their future. Many of us don't think twice at spending £3 on a cup of coffee, but just £3 could make such a difference in Nepal. And if each of our supporters gave a little each month, together that little donation could turn into a pretty big donation!

Leaving us a legacy

It's only through the generosity of our supporters that we are able to carry out our life-changing rescue work with forgotten children in Nepal. One of the ways you can help us reunite children with their families in the future is leaving a gift to us in your will. You don't have to be wealthy to leave us a legacy, and it is often a simple process. www.childrescuenepal.org/support-us/#leave-a-lasting-legacy

Sponsored Events

Sponsored Events: Could you run, walk or cycle to support our projects? Maybe you are brilliant at cakes and could hold a bake sale. Whatever your idea, get in touch and we can help you to make it happen. Get in touch via info@childrescuenepal.org



Need a speaker?

Would you like someone from Child Rescue Nepal to give a talk to your church, rotary group or social group? Our Community Ambassador, Colin, is available to speak about our work and share his own



experiences of visiting our projects in Nepal. Email communityambassador@childrescuenepal.org to make a booking.

Corporate Sponsorship

We would like to hear from more meaningful partnerships with businesses and likeminded organisations that are mutually beneficial.

If you would like our CEO, Joanna Bega to come and make a presentation, please get in touch by emailing info@childrescuenepal.org

Amazon Smile

If you shop on Amazon, why not use Amazon Smile instead and support us. Shop at www.smile.amazon.co.uk and select Child Rescue Nepal as your charity. Amazon will then donate 0.5% of your eligible purchases to us at no cost to you. Just remember to go to smile. amazon.co.uk each time you shop.

Recycle4charity

Recycle your printer cartridges rather than just throwing them away. Go to www.recycle4charity.co.uk and register and select Child Rescue Nepal as your charity when prompted. Each ink cartridge could raise over £1 each to help us. Why not get your place of work involved too? You just print a prepaid postage label and send the ink cartridges back for recycling. You're helping the environment as well as helping us.

Dontsendmeacard

Billions of greeting cards are thrown away each year. Why not save time, help the environment and help us by sending an e-card instead? www.dontsendmeacard.com offer a choice of cards for every occasion and you can donate the cost to Child Rescue Nepal.



Artwork in your reception or boardroom could be part of a corporate sponsorship package

The three sisters

Three young sisters aged 6, 8 and 9 were struggling after their parents were tragically killed last year by a lightning strike. Instead of happily attending school, they became a burden to their relatives. Their uncle took them in, providing shelter and food in his home, but they had to drop out from school as he could not afford to buy the necessary equipment needed (stationery, uniforms and school bags).

When their school re-opened after the first lockdown in November 2020, the girls didn't return. The teachers were worried about them and visited the children to find out what was going on. When they reached the uncle's

home, the team found that the uncle was planning to send 9-year-old Nita* to Chitwan city to work as a domestic labourer.

When the teacher asked the uncle why he wanted to send Nita away, he kept silent for some time and looked at the floor. Then said quietly, "I do not have any other option as I am very poor, and I can't afford the equipment that these three children need for school. I cannot pay for stationery, books and uniform. I can barely provide two meals a day - so how can I send them to school? This is beyond my capacity".

The school immediately contacted us, and we confirmed that we could provide each girl with a yearly educational bursary. After hearing this news, their uncle cried and said "Thank you for this wonderful support. Now I do not need to send the girls anywhere and they can continue with their studies."

We are now regularly providing bursaries for these girls and will continue to support them and monitor their progress. The sisters are very pleased to be back at school with their friends.

*(name changed)



Merchandise

We have a range of merchandise to raise awareness of our work.

**Orders can be placed
via our website
www.childrescuenepal.org**

(Prices exclude postage and packing)



Hoodies £24



Greetings Cards £7 (8 Cards)



Christmas Cards £7 (12 Cards)



Mugs £7

Where are **they** now?

Sunil

Sunil was rescued from a metal factory. He is now working as an assistant plumber earning a good salary and helping to support his family.



Arjun

Arjun is now living with his mother and siblings. He has finished his electrician's training and has a good job as an electrician.



Sunita

Sunita is just finishing her first year at college. She is living at home as she studies to become a teacher.



Suman

Suman was rescued in 2017. We supported him through his studies and training to become chef. He is now living and working at a restaurant in a mountain resort as an assistant chef.



All rescued children are eligible to join our Youth Transition Programme, where they can learn a trade whilst being supported in independent accommodation. We recently opened our first "half way house" to help young people as they take that step towards independence.

Rescues

We rescue children from slavery. We work with local police to raid factories, restaurants and hotels where children are being held captive. We take children to one of our safe homes, where they receive medical attention and counselling. We provide food, clothing, access to education and a safe home until we can safely reunite them with their families.

Caring for rescued children

Most children we rescue have been subjected to physical and psychological abuse. They are often malnourished, terrified and have been deprived of basic items like soap and blankets. When they are rescued, we provide counselling and medical care in our safe house. We will then start working to reunite children with their families.

Reuniting children with their families is our ultimate goal, but sometimes it is simply not safe. Children who cannot return home to their family are supported in one of our



Supplying new taps to a school can increase attendance by as much as 30%

family-style homes until they are 16 years old. But then what?

The Youth Transition Programme is for rescued children who have finished their schooling and need support to take the step into adulthood by accessing further education or vocational training. All rescued children are eligible whether living in one of our homes or back with their families. We encourage independence through individual programmes of support.

Preventing trafficking

We prevent child trafficking by raising awareness in schools. It is a fact that children who attend school are much less likely to be trafficked. Our work to ensure more children attend school includes teacher training, educational bursaries, providing libraries and toilet facilities.

Ram's* Story

We rescued Ram (name changed) from a restaurant in Kathmandu in January 2019. Remembering his time at the restaurant, Ram says:

"It was so difficult for me to work at the restaurant. I was not getting proper food and my stomach was never full. I worked hard to earn money, but I was never actually paid. I came here to support my family but ended up in a bad situation. When I asked for money, the owner used to physically and verbally abuse me. I had to wash dishes and clean the floor from morning to night and because of this I had lots of injuries on my hands and legs".

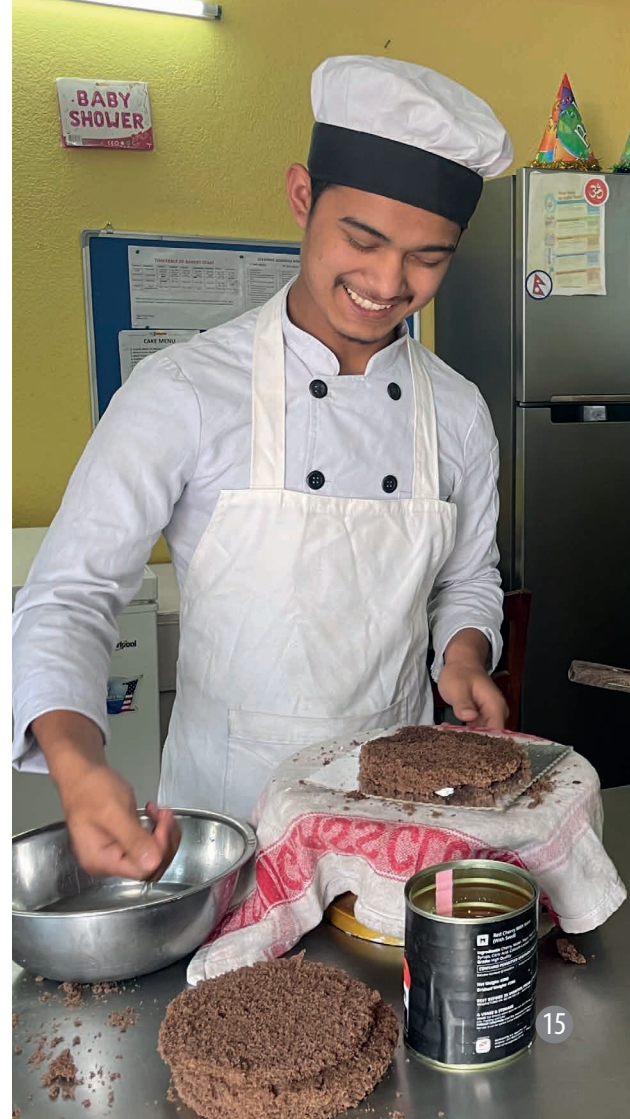
Ram comes from a very large family with ten members. His father is an alcoholic, and his mother is a housewife. Because of their poor economic condition, Ram left his studies along with his other brother and sisters as his parents couldn't afford to send them to school. One day his relative lured him by providing a job opportunity in Kathmandu. Because he wanted to support his parents financially, Ram took the job and went with

his uncle to work in a small restaurant. He was just 14 years old.

Our staff noticed Ram working in the restaurant and organised with police and social services to go back and rescue him. On the day of the rescue, we found him serving tea to the customers. At first Ram was scared seeing police and said that he was 18 years old. But later we found he was only 15 and had been working there for eight months.

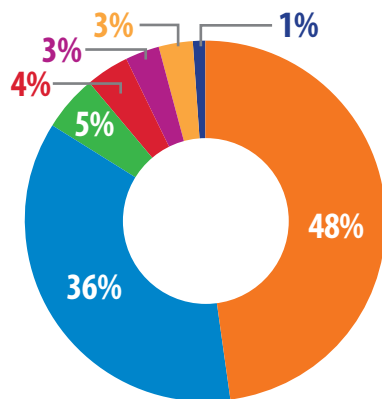
After the rescue, Ram received good care and support at our transit home. Slowly he started to trust people and build relationships with the other children and the house parents. He returned to school but when he reached sixth grade, decided to start chef training. He completed his training at the end of March 2021 and started a new job in April 2021.

The restaurant owner says: "Ram is a very sincere, hardworking and kind person who is very helpful to his co-workers" Ram is staying in the accommodation provided by the restaurant owner and earns a good wage. He is now able to support his parents from his earnings. We are in regular contact with him to ensure Ram stays safe and healthy.



Income & expenditure

The following is a summary of our financial information for the year ended 31 July 2021. **Total income for the year was £486,518 compared to £430,421 in 2020. Expenditure for the year was £439,702 compared to £430,184 in 2020.**



Income:

Public Donations: £235,223

Grants: £175,410

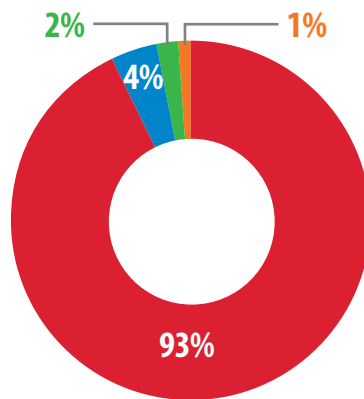
Corporate: £23,310

Child Sponsorship: £19,003

Legacies: £16,553

Events: £12,420

Other: £4,599



Expenditure:

Direct Spending: £408,123

Support Costs: £19,432

Fundraising: £9,747

Governance: £2,400

Grateful Thanks

The Alasol Charitable Foundation, The Alchemy Foundation, The Andrews Charitable Trust, The Austin Bailey Foundation, Bloomberg Philanthropies, The British and Foreign School Society, Brockham Overseas Aid, Coles-Medlock Foundation, Drapers Charitable Fund, The Fairbridge Trust, The Foux Foundation, The Foxley Charitable Trust, James Gaskell, Global Giving, The Glossop Family Trust, Go Philanthropic Foundation, Guernsey Overseas Aid Commission, Gulf For Good, Hatemalo, The Invigorate Trust, Joanna Lumley, The Mageni Trust, Namaste UK, The Paget Trust, The Parish Church of St. Edmunds Roundhay, Peter Banwell, Sir Richard Stilgoe, Rotary Club of Billerica Mayflower, Rotary Club of Brentwood a Becket, The Souter Charitable Trust, Trinity Church Sutton, Fred Ullmann and the Hallett Family and The Warner Priory Charitable Trust.



**CHILD
RESCUE
NEPAL**

Child Rescue Nepal

St Clement's, 1 St Clement's Court, London EC4N 7HB

T: 020 7183 0353

www.childrescuenepal.org

info@childrescuenepal.org