



# Annual Review 2019



**CHILD  
RESCUE  
NEPAL**

# A message from our CEO

As we come to the end of another year, I am delighted to report to you the many achievements of Child Rescue Nepal over the past twelve months. Over the past year we have rescued 21 children, reunited 10 of them with their families and kept 14,990 children safe in school. I feel proud to be leading an organisation making such a direct impact on some of the most vulnerable children in Nepal.

In April 2019 we were honoured to have the opportunity to hold another reception at the House of Lords. It was a great chance to show our appreciation to our supporters, and share our achievements and plans for the future. In September 2019, our country director Jamuna Shrestha visited the UK with her family and met supporters in person at a special reception at The Great Nepalese Restaurant in Euston. We were also hugely grateful to our team of marathon runners this year who raised £18,000, and participants in the Nuts Challenge who raised an incredible £23,000.

As always, I would like to thank our local partners, the Esther Benjamins Memorial Foundation and Shakti Samuha, for their dedication to the highest

of standards in delivering life-saving projects on the ground. A special mention must also go to Jamuna Shrestha for her incredible leadership. I feel deeply privileged to work with such inspiring and hardworking individuals; without them, none of this would be possible.

The fundraising environment in the UK remains challenging but we have had another successful year thanks to the commitment and amazing generosity of our donors, trusts and corporate partners. The dedication of those who have stayed with us over the years is so encouraging and we have been delighted to welcome many new donors as well.

Finally, following an open round of recruitment, we were pleased to welcome to the trustee board Dave Webber, Joanna Lee and David Nicholls. All bring with them a wealth of experience in leadership, safeguarding and legal matters. We have enjoyed their input and look forward to working with them as we continue to strengthen our impact and leadership.

**Joanna Bega**  
**Chief Executive**





# Who we are...

**Child Rescue Nepal frees children from slavery. Today, there are over 40 million slaves globally, a quarter of which are children. In Nepal, it is estimated that there are over 100,000 child slaves working in hazardous situations.**

These children are extremely vulnerable and suffer frequent physical and emotional abuse. Sexual abuse is also common. We rescue children, keep them safe and reunite them with their families.

We also prevent the trafficking of children by raising awareness and strengthening schools. We deliver a comprehensive education programme in the trafficking-prone district of Makwanpur as well as funding anti-trafficking workshops and radio jingles.

Child Rescue Nepal has rescued over 850 children, but our work is far from over. We want to end child slavery in Nepal and we won't stop until every child is free.



We tackle the issue of child slavery in two ways:-

## Rescues

- Rescue missions
- Rehabilitation
- Reuniting families

## Prevention

- Community workshops
- Anti-trafficking jingles
- Teacher training
- Taps and toilets

# Why **Nepal**?

**Nepal is the 32nd poorest country in the world and the 4th poorest in asia.**

- **78.6% live in rural areas and over a quarter of the population live in poverty**
- **Over 40% of the population are vulnerable to falling into modern slavery**
- **The earthquakes in 2015 killed 9,000 and injured 22,000, as well as setting the country back years in terms of development progress**
- **Trafficking increased between 15% and 40% immediately after the earthquake and is still a major challenge**







# What we achieved 2018/19

- 11 girls rescued from sexual exploitation and taken to the safety of Marigold House
- 10 boys rescued from kilns, restaurants and metal work factories
- 10 children reunited with their families
- 17 reunited children receiving ongoing support
- 32 children received support within our family style homes
- 29 young people supported into higher education and vocational training
- 11,000 people reached with daily radio jungle highlighting the tricks of traffickers in three languages
- 945 students educated on safe social media practices to protect them from the tricks of traffickers
- 1771 children benefitted from the construction of libraries and more engaging classrooms
- 14,990 children safe in school through midday meals, bursaries and workshops
- 122 teachers trained in child friendly methods

## Sushil's Story



Home was a frightening place for 11-year-old Sushil. When his father drank excessively, he became violent. Sushil used to run away to avoid being beaten and sleep in the jungle.

His mother eventually escaped for her own safety and, before long, Sushil was trafficked by a relative with the promise of well-paid work at a metalwork factory in Kathmandu. He worked 12-hour-days, polishing statues with chemicals that burnt his hands and feet. When he realised he was never going to be paid, Sushil ran away.

Sushil had two more jobs before ending up in the hotel kitchen where we found him earlier this year. When our rescue team entered the hotel, Sushil thought he was in trouble and tried to run away. It was a hard job for our staff to gain his trust.

Sushil spent some time recovering in our safe house. He slept peacefully at night and spent his days catching up on his education or playing games with the other boys. He now dreams of going back to school.

## Mina's Story

Mina's\* home life was very difficult. She lived with her stepmother who treated her badly. She decided she couldn't stand it any longer, packed her things and ran away.

Forced to fend for herself, she took a job as a labourer, carrying heavy bricks and working long hours. One day, some friends suggested she join them working as an actress on a small TV series. It seemed like the change that she had been waiting for. But it didn't last long.

Miserable and alone, she had given up all hope of her life improving. Unexpectedly, she got a phone call from a man offering her a part in a film. He told her that he'd seen her acting and would put her up in a hotel room until he could take her to Mumbai to make her famous. Although a little suspicious, Mina was so unhappy that she instantly accepted.

The first night she slept peacefully, but the next morning, the man entered her room, locked the door and sexually assaulted her. He told her that if she told anyone, she would be shunned from society and would never be an actress. He told her to stay in the room and, if he saw her leave, he'd have her killed.

Luckily, the hotel manager had recently attended trafficking awareness training with our partner Shaki Samuha and became suspicious. He contacted them and the very same day the man was arrested at the hotel by local police and Shakti Samuha rescued Mina. A sexual assault case is being filed against the man. The police discovered that he had planned to sell Mina to a brothel in Mumbai.

*\*name changed*



# A message from our Country Director

Once again, we are turning a new page of the calendar with many new achievements which inspire us to push on to the next. This year we had many wins for the rights of vulnerable children. I would like to thank my entire team for their strong and positive commitment in achieving our objectives. Similarly, I would like to extend my gratitude to our UK team and all the donors across the world who provide continued support and love. We are also thankful for the attention of local government in helping us to do better year on year. This kind of feedback helps us to map the best results for our programmes.

**This year we brought together communities and government to deepen our understanding of the challenges of protecting children. Our top priority is to keep children safe in their homes, schools and communities. Our team has worked hard for our beneficiaries, addressing both cultural and financial challenges. We will not stop until every child can live in safety. We continue to work to end the**

**traumatic experiences of children who are working in forced labour. We rescue them safely and reunite them with their parents and loved ones. Children belong in families, not factories and have the right to a good education that gives them a brighter future. We will support schools to help improve attendance and their standards to engage children. This commitment is the benchmark for us to track our quality of work and management.**

**Looking to the future, our mission will be stronger than ever. We have developed a new five-year strategy with ambitious milestones. We hope this will guide us to continue to bring a greater change to children in Nepal. A new aspect will be more advocacy programmes to encourage children and young people to tell their stories and call out for change. We hope to bridge the gap between government and charities in tackling the challenges in protecting children from harm.**

Finally, I would like to again thank the entire team and local government for their support in making our programmes possible. We are always grateful to our supporters around the world who make it possible for us to safeguard children in Nepal. We will continue to do all we can to end child labour and trafficking in Nepal.

Jamuna Shresthra





# Where are **they** now?

## Niramala

Nirmala was rescued in 2011 and was supported by us until she finished her studies. She is now 21 and working as a Montessori teacher and earning a good wage to support her family.



## Sagar

Sagar was rescued in 2008 and was supported by us until he finished his six-month barista and chef training. He is now 17 and working as assistant chef in a local restaurant.



## Sushma

Sushma (24) is working as managing director at a local charity, Street Child Love Care Home. She is earning enough to support herself and her older sisters.



## Suresh

Suresh was rescued in 2007. We supported him through his studies and through barista training. He is now 20 and working in a cafe. He is earning a good salary and supporting his family. He is preparing for his medical school exams in the hope of winning a full scholarship.



# Merchandise

We have introduced a range of merchandise to raise awareness of our work.

**To place an order email**  
**[info@childrescuenepal.org](mailto:info@childrescuenepal.org)**



**Hoodies £25**

Available in sizes:  
Small, Medium, Large, Extra Large



# Ways to support us...

Could you help us to raise funds to rescue and care for vulnerable children in Nepal? There are many ways to get involved and every little helps.

## Corporate sponsorship

We would like to hear from more meaningful partnerships with businesses and likeminded organisation that are mutually beneficial. If you would like our CEO, Joanna Bega to come and make a presentation, please get in touch.

## Our Community Ambassador

Would your church, community group or rotary club like to hear more about our work rescuing children in Nepal? Recently retired, Colin has been a supporter of the charity since it was founded in 1999. He is now representing us as our new Community Ambassador and is available for speaking engagements across the country. If you'd be interested in hearing Colin speak on his experiences in Nepal, and our wider work, you can contact him at [community.ambassador@childrescuenepal.org](mailto:community.ambassador@childrescuenepal.org)



### Greetings Cards £10

8 cards including envelopes  
Featuring Nepali cultural images taken during a recent visit



### Christmas Cards £10

12 cards including envelopes



### Mugs £8

Double sided mug

## Rescues

We rescue children from slavery. We work with local police to raid factories, restaurant and hotels where children are being held captive. We take children to one of our safe homes, where they receive medical attention and counselling. We provide food, clothing, access to education and a safe home until we can safely reunite them with their families.

## Caring for rescued children

Most children we rescue have been subjected to physical and psychological abuse. They are often malnourished, terrified and have been deprived of basic items like soap and blankets. When they are rescued, we provide counselling and medical care in our safe house. We will then start working to reunite children with their families.

Amir\* was rescued by our team from a restaurant and quickly reunited with his

older sister. She was very relieved to see him and expressed her commitment to care for him. We helped him to secure 22,000NPR (£160) in backdated payment for his work and support his educational costs so he can stay safe in school. \*Name changed

## Supporting them into adulthood

Reuniting children with their families is our ultimate goal but sometimes circumstances do not allow it. Children who cannot return home to their family are supported in our family style homes until they are 16 years old. But then what?

The Youth Transition Programme is for rescued children who have finished their schooling and need support to take their next step into adulthood by accessing further education or vocational training. We promote independence through a tailored programme of support.

## Preventing trafficking

We prevent trafficking of children by raising awareness in schools. It is a fact that children who attend school are much less likely to be trafficked. Our work to ensure more children attend school includes building new classrooms and providing water and toilet facilities.

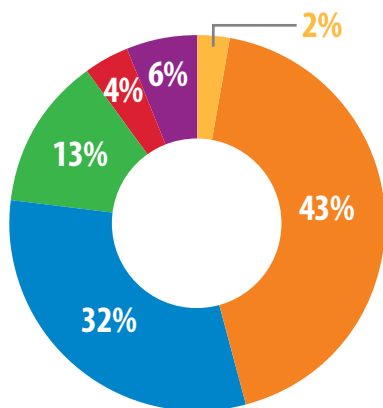
Case study: At Praja Secondary School, the installation of taps was life-changing. For years, teachers had no choice but to leave the classroom and walk for 30 minutes to collect water and drag the heavy containers up the mountain. Thanks to taps funded by the Guernsey Overseas Aid Committee, children started coming to school so they could take water home to their families. Over time, attendance increased by an incredible 30%, thus making children less vulnerable to being trafficked.





# Income & expenditure

The following is a summary of our financial information for the year ended 31 July 2019. Total income for the year was £393,643 compared to £429,801 in 2018. Expenditure for the year was £385,265 compared to £416,294 in 2018.



## Income:

**Public Donations: £170,719**

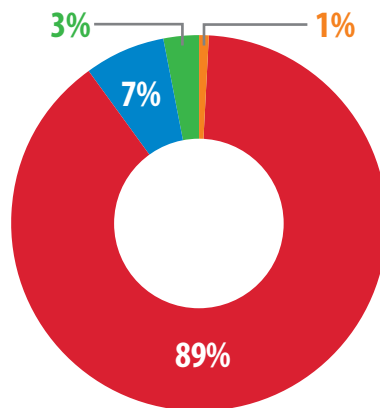
**Grants: £123,868**

**Events: £50,081**

**Corporate: £14,982**

**Child Sponsorship: £22,583**

**Legacies: £11,410**



## Expenditure:

**Direct Spending: £344,379**

**Support Costs: £28,220**

**Fundraising: £10,260**

**Governance: £2,406**

## Grateful Thanks

The Alchemy Foundation, The Andrews Charitable Trust, Brockham Overseas Aid, The Christadelphian Samaritan Fund, Coles-Medlock Foundation, The Dorothy Hay-Bolton Charitable Trust, Drapers Charitable Fund, Everest Biotech, The Foux Foundation, Fred Ullman and the Hallett Family, The Gurkha Villages Aid Trust, Global Giving, The Glossop Family Trust, Go Philanthropic Foundation, Guernsey Overseas Aid Commission, Hatemalo, Inner Wheel Club of Chichester, James Thornton, James Gaskell, Joanna Lumley, The Kirby Laing Foundation, The Mageni Trust, Makers of Playing Cards Charity, Namaste UK, Open Gate Trust, Peter Banwell, Saltus Investment Managers, The Rhododendron Trust, Simon Armstrong, Sir Richard Stilgoe, Rotary Club of Brentwood a Becket, Shirley Methodist Church Guild, The Souter Charitable Trust, The Wallace Curzon Charitable Trust, Warner Priory Charitable Trust, West Colorado Friends of the Himalayas, Trinity Church Sutton



**CHILD  
RESCUE  
NEPAL**

**Child Rescue Nepal**

**St Clement's, 1 St Clement's Court, London EC4N 7HB**

**T: 020 7183 0353**

**[www.childrescuenepal.org](http://www.childrescuenepal.org)**

**[info@childrescuenepal.org](mailto:info@childrescuenepal.org)**