



Annual Review 2018



**CHILD
RESCUE
NEPAL**

A message from our CEO

We've all been shocked by recent news stories involving the exploitation of children and vulnerable adults by international charities. The unforgivable behaviour by a tiny minority has shaken the sector to its core and quite rightly prompted a re-examination of child protection policies and whistleblowing procedures.

As a charity working with vulnerable children in Nepal for nearly twenty years, child protection has always been our highest priority. We have robust child protection policies and the children we are caring for know how to confidentially report any concerns. As Chief Executive, I visit Nepal to monitor our projects twice a year. I closely follow the progress of each child in our direct care and I know the staff by name. Child Rescue Nepal is large enough to have an impact but small enough to know exactly where the money is going.

We are also heavily monitored in Nepal, with regular (and often unannounced) visits to our care homes by the Social Welfare Board. After a recent inspection we received the following feedback: *"Though I came here in an official capacity, as an individual I truly want to be associated with this organisation*

and serve these children. The facilities and services provided at the care homes are of a higher standard than a middle-class Nepali family. This is the first time I have ever seen children in care responding and acting confidently in each and every aspect of their lives. Even children in expensive private schools can't present themselves the way that these children can." - N Acharya, Social Welfare Council.

Child Rescue Nepal is truly an organisation to be proud of, and one of the main reasons for this is the quality, integrity and sheer hard work of our local staff. I would like to particularly thank Jamuna Shrestha for her excellent leadership in Nepal. I would also like to commend the work of our local partners – the Esther Benjamins Memorial Foundation and Shakti Samuha – who work tirelessly to deliver projects on the ground.

In the UK the fundraising environment remains challenging but thanks to our committed individuals, trusts and partners we have had another successful year, enabling us to plan confidently for the future. However, we take nothing for granted in this current climate and are deeply grateful for all who give so generously and faithfully to our work.

The government in Nepal recently stated that they want to end child labour by 2025, and we want to support them to achieve this aim. Within this context, our priority remains for those at the extreme end of the child labour spectrum – those isolated from their families, out of school, being physically abused and exploited for little or no pay. Our commitment to them is unwavering and I know I will have your support as we continue to rescue the most vulnerable and forgotten children of Nepal.



Joanna Bega
Chief Executive

Who we are...

Child Rescue Nepal frees children from slavery. Today, there are over 40 million slaves globally, a quarter of which are children. In Nepal we estimate that there are 100,000 child slaves working in hazardous situations.

These children are extremely vulnerable and suffer frequent physical and emotional abuse. Sexual abuse is also common. We rescue children, keep them safe and reunite them with their families.

We also prevent the trafficking of children by raising awareness and strengthening schools. We deliver a comprehensive education programme in the trafficking-prone district of Makwanpur as well as funding anti-trafficking workshops and radio jingles.

Child Rescue Nepal has rescued over 800 children, but our work is far from over. We want to end child slavery in Nepal and we won't stop until every child is free.



We tackle the issue of child slavery in two ways:-

Rescues

- Rescue missions
- Rehabilitation
- Reuniting families
- Ongoing support
- Youth programme

Prevention

- Community workshops
- Anti-trafficking radio jingles
- Teacher training
- Taps and toilets
- Rebuilding classrooms
- Midday meal programme

Why Nepal?

Nepal is the 32nd poorest country in the world and the 3rd poorest country in Asia after Afghanistan and Yemen.

- 80.3% live in rural areas and over a quarter of the population live in poverty
- Over 40% of the population are vulnerable to modern day slavery
- The earthquakes in 2015 killed 9,000 and injured 22,000, as well as setting the country back years in terms of development progress
- Trafficking increased between 15% and 40% immediately after the earthquake



What we achieved **2017/18**

- 6 girls rescued from sexual exploitation and taken to the safety of Marigold House
- 24 children reunited with their families
- 100,000 people reached with daily radio jingles highlighting the tricks of traffickers in two local languages
- 8 young people left our care to become self-sufficient adults
- 17,139 children safe in school through teacher training, midday meals, anti-trafficking workshops and bursaries
- 16 boys rescued from metal work factories and brick kilns where they were regularly beaten
- 6 boys rescued from restaurants where they worked for no pay
- 8 new classrooms built benefitting 337 students and many more in the years to come
- 17 reunited children receiving ongoing support
- 6 rescued children passed their Secondary Education Examinations
- 5 new school toilets constructed benefitting 1,519 students
- 2 children rescued from a hostel following a tip off from a member of the public
- 2 rural schools provided with water improving the health of 741 children



Bibek's Story

Facing constant bullying because of his stammer, unbeknown to his parents, Bibek stopped attending school. His brother-in-law found out and offered to take him to Kathmandu where he'd be enrolled in a new school and get a fresh start. Bibek's parents saw this as a good solution.

This was far from the reality. Bibek's brother-in-law trafficked him to a metal factory where he was forced to work 12 hours a day. He had to use harsh chemicals to polish metal statues with no adequate protection. His skin was constantly burnt as a result and he received no treatment for his wounds, nor payment for his toil. He was just 12 years old.

Thankfully, authorities were made aware of the factory's activities and a team of local police, social workers and members of Child Rescue Nepal launched a rescue. Bibek and other boys were removed and cared for in our safe house.

Having received counselling and medical attention, Bibek was eventually reunited with his parents who had been completely unaware of their son-in-law's actions.

For Bibek to return to school, we funded the cost of essentials like school uniform, shoes, books and stationery. We are continuing to provide educational support to encourage him to stay in school and stay safe. He now has a good relationship with his peers and is very happy living back at home.



Asmita's Story

We provided a bursary to Asmita to prevent her becoming a child bride after her parents could no longer afford to pay for her education. She has seven older siblings who were all forced to leave school early due to the poor financial situation of the family. Fortunately, Asmita's neighbour, a local schoolteacher, got involved and put her in contact with us.

"For now, I have convinced my parents that I want to continue my studies but still they bring marriage proposals in one form or another. I face challenges from my society as they bully me for not getting married at an early age. I feel safe at school because it is the place where I can freely share my feelings and emotions with my friends and my teachers. I am motivated by reading books and inspirational stories, and having the opportunity to learn new things. I want to become a teacher and I hope I will continue to receive support to achieve my goals."



A photograph of several children in blue school uniforms walking up a dirt hill. The child in the foreground is a young boy with a bindi on his forehead, carrying two large red bricks on his shoulder. Other children are visible behind him, also carrying bricks. The background is a blurred hillside with some greenery.

Words of support

"Visiting the schools supported by CRN, I can understand the immense challenges the organisation must have faced while constructing buildings and setting up model classrooms in these remote areas. This organisation has literally gone the extra mile in reaching remote ethnic communities and putting in great efforts to raise education levels. I was really mesmerised when I met the children from those mountainous areas who arrive at school after hours of walking. Your decision to support construction work and provide midday meal support is 100% effective, no doubt. CRN, you must keep this spirit alive. You are an inspiration for the government and people around."

D P Bhattarai,
Deputy Secretary, Social Welfare Council.

"I commend the work of Child Rescue Nepal in trying to keep Nepali children safe in school, where they are less likely to be trafficked."

Zoe Wanamaker

Children at Saraswati School were so keen to have their new classroom built that they carried the bricks up the hill because there was no road.

With your help we can do more

Where are **they** now?

Sarun

Sarun was rescued in 2006 and was supported by us throughout university. He is now 21 and working for a marketing firm as an Assistant Manager. He is very happy and earning a good income to support his family.



Priya

Priya works at a beauty parlour and makes a good wage to support her family. She is financially independent and happily living with her parents.



Bimala

Bimala was rescued in 2011 after being trafficked to India. Bimala is now 19 and working in a good position at a factory. She is well paid and is supporting her younger brother to stay in school. Bimala is also studying at university.



Krishna

Krishna was rescued in 2010. When he left full time education, we supported him to complete a course in hotel management. He is now working as a receptionist at a hotel. He is living independently and supporting his grandparents from his earnings.



How can you **help us?**

Could you help us raise funds to rescue and care for vulnerable children in Nepal? There are many ways to get involved and every little helps.

Could you run the London marathon? Or maybe you are brilliant at making cakes and could hold a bake sale. If you have a great idea, get in touch so we can support you in your fundraising.

Corporate sponsorship

We would like to form more meaningful partnerships with businesses and like-minded organisations that are mutually beneficial. If you would like Joanna Bega to come and make a presentation, please get in touch.

Merchandise

We have recently introduced a new range of merchandise to raise awareness of our work. See page 13 for the inspiration behind these words.

Email info@childrescuenepal.org to order



Greetings Cards £10

8 cards including envelopes

Featuring Nepali cultural images taken during a recent visit



Christmas Cards £10

12 cards including envelopes



Hoodies £25

Available in sizes:

Small, Medium, Large, Extra Large



Mugs £8

Double sided mug



With your help we can do more

Visits to Nepal

Twice a year we offer donor tours for supporters to visit our work first hand. This includes visiting our care homes, staying at a rural school and experiencing Nepal's beautiful culture. If you are interested in joining us on one of our future trips, please do get in touch!



We won an award!

We were delighted to recently win the Social Impact Award at the Asian Voice Charity Awards. We were so pleased that our courageous and complex work addressing child trafficking and exploitation in Nepal was internationally recognised. A huge congratulations to the team in Nepal for all they continue to achieve.



A message from our Country Director: Jamuna Shresthra

The past year has been a remarkable year for CRN as we have successfully saved many children's lives and helped them to access a better future. Receiving an award at the Asian Voice Charity for "Social Impact" reflects our great success and encourages us to work to even higher standards. For this, I would like to thank my entire team in the UK and Nepal for their hard work and tremendous efforts to improve the lives of vulnerable children.

As we work to end child labour and trafficking in Nepal, we work tirelessly on defending the rights of every child. We want to break the chains for every child who lives and works in danger, and reunite them with their families, providing them with good care and renewed hope. Last year, we were able to rescue 30 children from multiple locations and reunite 24 children with their families, supporting the children to go back to school. We consider this a massive success. I would like to heartily thank our implementing partners EBMF and Shakti Samuha who are always committed and work hard to save the lives of children in Nepal.

I would also like to extend my gratitude to our CRN-UK team and all the donors across the world who continue to support our valuable work. Furthermore, I would like to thank all concerned ministries in Government for their enormous support and cooperation to achieve our goal. We look forward to working together to end child labour and trafficking in Nepal in the days to come.



Our Kathmandu based team

We won't stop until every child is free

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Rescues

We rescue children from slavery. We work with local police to raid factories, restaurants and hotels where children are being held captive. We take children to one of our safe houses, where they receive medical attention and counselling. We provide food, clothing, access to education and a safe home until we can safely reunite them with their families.

Meet Dilu Tamang

Dilu joined us in 2007 in the very important role of Rescue Coordinator and Counsellor.

Dilu plans and carries out rescues with the team in Kathmandu, going into factories and workplaces and removing children from dangerous situations with the help of the police. She then provides psychological support to the children once they are safe in our transit home.

She is also responsible for reuniting children with their families and monitoring their progress.



Caring for rescued children

Most children we rescue have been subjected to physical and psychological abuse. They are often malnourished and it is common for them to have been sexual abused. When they are rescued, we provide counselling and medical care in our safe house. We will then start working to reunite children with their families.

After rescue, rehabilitation is the priority. In a method called 'heart maps' children draw a heart containing the things important to them, then write the things they dislike and would like to leave behind around the edges.

During a recent visit we were so touched by the words the children had written. The things they include are often heart-breaking, such as, "washing dishes" and "being beaten." Using these words as our inspiration we designed a range of merchandise (see page 9).

66 I don't like peas
I don't like fighting
I don't like washing big pots
I don't like being beaten
I don't like my owner 99

Sunil, age 11



Preventing trafficking

We prevent the trafficking of children by raising awareness in schools. It is a little known fact that children who attend school are much less likely to be trafficked.

Our work to ensure more children attend school includes building new classrooms and providing water and toilet facilities. Other initiatives include interactive dramas, teacher training, anti-trafficking radio jingles and midday meal programmes. We estimate that through this prevention programme we have helped to keep over 50,000 children safe in school.

Prosecutions

Our Nepali staff pursue traffickers, identify them and work with the authorities to take them to court. To date, we have been instrumental in the jailing of 14 child traffickers.



CEO Joanna Bega talks to a parent at one of the rural schools we support. Working closely with local communities is essential to ensure vulnerable children are kept safe from traffickers.



Funding a daily meal at this school has increased attendance by over 40%. Previously these children were relying on homemade alcohol to stop them feeling hungry and to get them through the day.



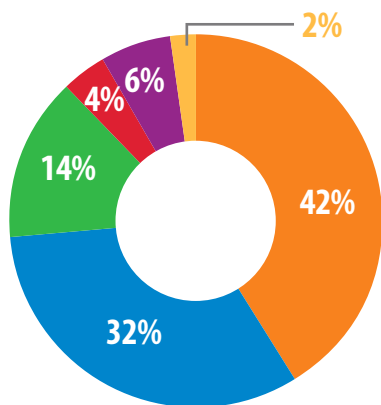
Training teachers in child-friendly methods keeps attendance levels high



Providing taps and toilets keeps children safe in school and out of the hands of traffickers

Income & expenditure

The following is a summary of our financial information for the year ended 31 July 2018. Total income for the year was £429,801 compared to £338,600 in 2017. Expenditure for the year was £416,294 compared to £414,844 in 2017.



Income:

Public Donations: £177,720

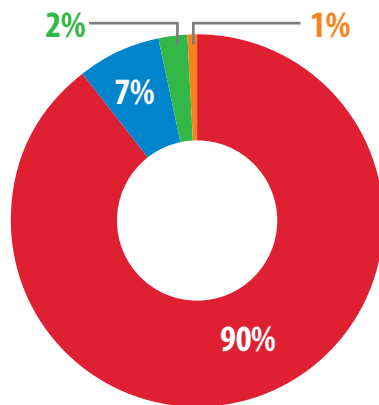
Grants: £138,839

Events: £60,933

Corporate: £16,848

Child Sponsorship: £27,024

Legacies: £8,437



Expenditure:

Direct Spending: £372,968

Support Costs: £30,520

Fundraising: £10,120

Governance: £2,686

With grateful thanks to all who have supported us this year including:

The Alchemy Foundation, The Andrews Charitable Trust, Brockham Overseas Aid, The Dorothy Hay-Bolton Charitable Trust, The Drapers' Company, English and Foreign Schools Society, Everest Biotech, The Foux Foundation, Fred Ullman and the Hallett Family, Global Giving, Go Philanthropic Foundation, Hatemalo, James Gaskell, James Thornton, Joanna Lumley, The Kirby Laing Foundation, KMF Maxwell Stuart Charitable Trust, Namaste UK, Nepal Trust, The Open Gate Trust, Peter Banwell, Peter Helliwell, Rotary Club of Brentwood à Becket, Rory McHugh, Saltus Investment Managers, The Samuel Storey Family Charitable Trust, Sean Dexter, Simon Armstrong, The SMB Charitable Trust, The South Square Trust, Sir Richard Stilgoe, Stichting Nepal and Trinity Church Sutton.



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